**PRE-OPERATIVE INSTRUCTIONS FOR SURGERY**

A pre-operative medical exam is required within 30 days of your surgery date with your PCP

**Your day of surgery is scheduled for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**You will be notified of your surgery check-in time a day or two prior to surgery.**

**Prescriptions will be sent to your pharmacy 5 days prior to surgery as well. They are to be used after surgery. (It is highly recommended you pick them up before surgery)**

**IMPORTANT:**

* **NO FOOD OR DRINK AFTER MIDNIGHT INCLUDING WATER THE NIGHT PRIOR TO YOUR SURGERY, OTHERWISE YOUR SURGERY WILL BE CANCELLED.**
* **If you take insulin for diabetes, take one-half of your normal morning dose on the day of your surgery.**
* **Wegovy, Ozempic or any other GL1B drugs MUST be stopped 1 week prior to surgery**
* **Follow your Primary Care Physician’s instructions before stopping your blood thinners. DO NOT STOP THESE MEDICATIONS UNLESS TOLD TO DO SO BY YOUR PCP.**

**Before surgery:**

* **You must have a responsible adult family member or friend drive you to and from the surgery center (NO public transportation including UBER, LYFT, TAXI OR BUS).**
* **Your Anesthesiologist *may* call the night before your surgery depending on their availability**

**Day of Surgery**

* **NO makeup, NO jewelry, NO contact lenses, Loose fitting clothing**
* **If you regularly use oxygen at home, bring your tank with you if you are able.**

**Post-Operative Appointment**

**You have been scheduled for your post-op appointment on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Patient’s Signature: \_\_\_\_\_\_\_\_­­­­­­\_­­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­­­­\_\_\_\_\_\_\_Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­\_\_\_\_\_\_\_\_**